

CERTIFICATE OF PARTICIPATION

This is to certify that

Lizette Prinsloo

Has successfully participated & completed the

10km Cowhouse Winter Trail Run 2017

held at Cowhouse Market.

TIME 00:58:38

PACE 05:51/km

OVERALL 25 of 70

GENDER 7 of 39

40 - 49 4 of 14

29 July 2017, Sat

Date



BoutTime

Signature

